

October

B&M Catering Co. - K12 Programs

26-27 Lunch 9-12

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			Lunch Entree <i>Choice of</i> BBQ Pulled Chicken Sandwich on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Roasted Potatoes (1 c) Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Mayonnaise Packet Mustard Packet Ranch Dressing (½ oz) Vegetable Dip (2 Tbsp) Ketchup Packet	Lunch Entree <i>Choice of</i> Red Pizza w/ Cheese Tuna Salad Sandwich on Wheat Hamburger Roll Chicken Caesar Salad & Wheat Dinner Roll Vegetables Spring Mix Salad Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)

Lunch Entree 5 <i>Choice of</i> American Chop Suey w/ Beef, Tomato Sauce & Rotini Chicken Salad Sandwich on Wheat Hamburger Roll Caprese Salad & Wheat Dinner Roll Vegetables Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)	Lunch Entree 6 <i>Choice of</i> Chicken Tenders on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Fresh Broccoli (1 c) Fruit Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz) Ketchup Packet Mayonnaise Packet Mustard Packet	Lunch Entree 7 <i>Choice of</i> Cheeseburger on Wheat Hamburger Roll Chicken Caesar Wrap Chef Salad w/ Turkey, Cheese & Wheat Dinner Roll Vegetables Roasted Potatoes (1 c) Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ranch Dressing (½ oz) Ketchup Packet Mayonnaise Packet Vegetable Dip (2 Tbsp) Mustard Packet	Lunch Entree 8 <i>Choice of</i> Chicken Alfredo Pasta Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ranch Dressing (½ oz) Vegetable Dip (2 Tbsp) Mustard Packet Mayonnaise Packet	Lunch Entree 9 <i>Choice of</i> Red Pizza w/ Cheese Tuna Salad Sandwich on Wheat Hamburger Roll Chicken Caesar Salad & Wheat Dinner Roll Vegetables Spring Mix Salad Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)
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Indigenous Peoples' Day

12

Lunch Entree

Choice of

Chicken Tenders on Wheat
Hamburger Roll

Turkey & Cheese Sandwich on
Wheat Hamburger Roll

Garden Salad w/ Cheese &
Wheat Dinner Roll

Vegetables

Roasted Potatoes (1 c)

Carrot Slims (1 c)

Fruit

Gala Apple

Milk

Milk, 1% Carton (8 oz)

Milk, Skim Chocolate Carton (8
oz)

Condiments

Vegetable Dip (2 Tbsp)

Ranch Dressing (½ oz)

Ketchup Packet

Mayonnaise Packet

Mustard Packet

13

Lunch Entree

Choice of

Nachos w/ Taco Beef & Cheese,
Lettuce & Tortilla Scoops

Chicken Caesar Wrap

Chef Salad w/ Turkey, Cheese &
Wheat Dinner Roll

Vegetables

Cucumber Slices (1 c)

Fruit

Navel Orange

Milk

Milk, 1% Carton (8 oz)

Milk, Skim Chocolate Carton (8
oz)

Condiments

Ranch Dressing (½ oz)

Vegetable Dip (2 Tbsp)

Mustard Packet

Mayonnaise Packet

14

Lunch Entree

Choice of

Meatballs & Pasta w/ Parmesan
Cheese

Turkey & Cheese Sandwich on
Wheat Hamburger Roll

Garden Salad w/ Cheese &
Wheat Dinner Roll

Vegetables

Carrot Slims (1 c)

Fruit

Gala Apple

Milk

Milk, 1% Carton (8 oz)

Milk, Skim Chocolate Carton (8
oz)

Condiments

Vegetable Dip (2 Tbsp)

Ranch Dressing (½ oz)

Mayonnaise Packet

Mustard Packet

15

Lunch Entree

Choice of

Red Pizza w/ Cheese

Tuna Salad Sandwich on Wheat
Hamburger Roll

Chicken Caesar Salad & Wheat
Dinner Roll

Vegetables

Spring Mix Salad

Cucumber Slices (1 c)

Fruit

Navel Orange

Milk

Milk, 1% Carton (8 oz)

Milk, Skim Chocolate Carton (8
oz)

Condiments

Vegetable Dip (2 Tbsp)

Ranch Dressing (½ oz)

16

Lunch Entree 19 <i>Choice of</i> Chicken Tenders on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Carrot Slims (3/4 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Mayonnaise Packet Mustard Packet Ranch Dressing (½ oz) Vegetable Dip (2 Tbsp) Ketchup Packet	Lunch Entree 20 <i>Choice of</i> Swedish Meatballs w/ Gravy & Rotini Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz) Mustard Packet Mayonnaise Packet	Lunch Entree 21 <i>Choice of</i> Buffalo Mac & Cheese Chicken Caesar Wrap Chef Salad w/ Turkey, Cheese & Wheat Dinner Roll Vegetables Fresh Broccoli (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)	Lunch Entree 22 <i>Choice of</i> BBQ Pulled Chicken Sandwich on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Roasted Potatoes (1 c) Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Mayonnaise Packet Mustard Packet Ranch Dressing (½ oz) Vegetable Dip (2 Tbsp) Ketchup Packet	Lunch Entree 23 <i>Choice of</i> Red Pizza w/ Cheese Tuna Salad Sandwich on Wheat Hamburger Roll Chicken Caesar Salad & Wheat Dinner Roll Vegetables Spring Mix Salad Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)
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Lunch Entree 26 <i>Choice of</i> American Chop Suey w/ Beef, Tomato Sauce & Rotini Chicken Salad Sandwich on Wheat Hamburger Roll Caprese Salad & Wheat Dinner Roll Vegetables Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)	Lunch Entree 27 <i>Choice of</i> Chicken Tenders on Wheat Hamburger Roll Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Fresh Broccoli (1 c) Fruit Banana Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz) Ketchup Packet Mayonnaise Packet Mustard Packet	Lunch Entree 28 <i>Choice of</i> Cheeseburger on Wheat Hamburger Roll Chicken Caesar Wrap Chef Salad w/ Turkey, Cheese & Wheat Dinner Roll Vegetables Roasted Potatoes (1 c) Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ranch Dressing (½ oz) Ketchup Packet Mayonnaise Packet Vegetable Dip (2 Tbsp) Mustard Packet	Lunch Entree 29 <i>Choice of</i> Chicken Alfredo Pasta Turkey & Cheese Sandwich on Wheat Hamburger Roll Garden Salad w/ Cheese & Wheat Dinner Roll Vegetables Carrot Slims (1 c) Fruit Gala Apple Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Ranch Dressing (½ oz) Vegetable Dip (2 Tbsp) Mustard Packet Mayonnaise Packet	Lunch Entree 30 <i>Choice of</i> Red Pizza w/ Cheese Tuna Salad Sandwich on Wheat Hamburger Roll Chicken Caesar Salad & Wheat Dinner Roll Vegetables Spring Mix Salad Cucumber Slices (1 c) Fruit Navel Orange Milk Milk, 1% Carton (8 oz) Milk, Skim Chocolate Carton (8 oz) Condiments Vegetable Dip (2 Tbsp) Ranch Dressing (½ oz)
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